

Hands4Detroit

Suggested Donation List



This is a list of food and toiletry items that are needed for our pantries. We are requesting these specific sizes because our clients must be able to carry bags that will not be heavy because they may be walking or taking the bus not all have access to a car, so they are appreciated when possible.

Thank you!

Suggested Food Items

- **Hearty soups and stews**, 11, 16, or 19oz
- **Canned Meat and pasta**, 15oz - ravioli, spaghetti, chicken, salmon, spam
- **Beans**, Canned (16 oz) or Dry (10 oz)
- **Canned fruit**, 15oz - pear, fruit cocktail, peach, mandarin oranges
- **Baby food & formula**
- **nutritional drinks**, Ensure or other
- **Canned vegetables**, 15oz - turnips, collards, green beans, corn, mixed vegetables, carrots, beets, tomatoes
- **Pasta, rice, and pasta sauce**
- **Baking mixes and supplies**
- **Milk**, shelf stable or powdered only
- **Low Sugar Cereal**, 15 or 17oz - oatmeal, cream of wheat, grits, Cheerios, cornflakes, raisin bran, special K
- **Peanut Butter**, 16oz
- **Jelly**, 16oz - plastic container

Suggested Personal items

- **Shaving cream**
- **Toothpaste, toothbrushes**
- **Toilet paper and paper towel**
- Small boxes of **facial tissue**
- **Shampoo** with conditioner, 12-15oz
- **Dish soap**, 15oz or less
- **Laundry soap**, 50oz or smaller
- **Dryer sheets**, 80 or less count box
- **Garbage bags**, kitchen size
- **Hand soap**, 8-10oz bottle
- **Deodorant**
- **Disposable razors** for men and women
- **Diapers**, all sizes



Or Donate Online

To make a monetary donation to buy these items, please go to Gleaners Virtual Hands4Detroit food drive at <https://virtualfooddrive-gleaners.nationbuilder.com/donate> 2016 hands4detroit .